



## Cardinal Ritter High School Lunch , May 2023



Mon 01	Tue 02	Wed 03	Thu 04	Fri 05
Italian Beef Pepperoni Calzone Chicken Caesar Wrap Pepperoni Salad Base 🍷 Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Cheeseburger Spicy Chicken Sandwich Cheese Pizza Peaches Apple Orange Banana Lite Mayonnaise Ketchup Mustard Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing 1% Chocolate Milk Lowfat Milk 100% Apple Juice 100% Orange Juice Strawberry Banana Smoothie	Hot & Spicy Breaded Chicken Tenders Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Pepperoni Salad Base 🍷 Chicken Caesar Wrap Spicy Chicken Sandwich Cheese Pizza Cheeseburger Macaroni & Cheese Apple Banana Orange Corn Romaine Side Salad Lite Mayonnaise Ketchup Mustard Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing 1% Chocolate Milk Lowfat Milk 100% Apple Juice 100% Orange Juice Mixed Berry Yogurt Smoothie 100% Apple Juice 100% Orange Juice	Mini Chicken Corn Dogs Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Chicken Caesar Wrap Sweet Potato Fries Peaches Romaine Side Salad Mustard Lite Mayonnaise Fat Free Ranch Dressing Fat Free Italian Dressing Fat Free French Dressing Ketchup Strawberry Smoothie 1% Chocolate Milk Lowfat Milk 100% Apple Juice 100% Orange Juice	Walking Beef Tacos Cheese Pizza Cheeseburger Spicy Chicken Sandwich Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Chicken Caesar Wrap Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Pears Apple Orange Banana Romaine Side Salad Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Lowfat Milk Mixed Berry Yogurt Smoothie 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Pepperoni Pizza Pepperoni Salad Base 🍷 Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Apple Orange Banana Romaine Side Salad Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Lowfat Milk 1% Chocolate Milk 100% Apple Juice 100% Orange Juice Fat Free Chocolate Milk Tropical Yogurt Smoothie
Mon 08	Tue 09	Wed 10	Thu 11	Fri 12
Cheese Calzone Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Turkey Ham & Cheese Sandwich Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Peanut Butter & Jelly Uncrustable Marinara Sauce Steamed Green Beans Romaine Side Salad Pears Apple Orange Banana Mustard Lite Mayonnaise	Popcorn Chicken Bowl Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Turkey Ham & Cheese Sandwich Peanut Butter & Jelly Uncrustable Romaine Side Salad Peaches Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Strawberry Smoothie	Cheesy Beef Nachos Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Turkey Ham & Cheese Sandwich Peanut Butter & Jelly Uncrustable Vegetarian Refried Beans Romaine Side Salad Carrots Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Lowfat Milk	Chicken Tenders Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Turkey Ham & Cheese Sandwich Peanut Butter & Jelly Uncrustable Crinkle Fries Romaine Side Salad Pineapple Tidbits Apple Orange Banana Lite Mayonnaise Mustard Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Strawberry Smoothie	Pepperoni Pizza Pepperoni Salad Base 🍷 Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Spicy Chicken Sandwich Cheese Pizza Cheeseburger Apple Orange Banana Lite Mayonnaise Ketchup Mustard Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Mixed Berry Yogurt Smoothie

Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Lowfat Milk Tropical Yogurt Smoothie 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Lowfat Milk Tropical Yogurt Smoothie 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	1% Chocolate Milk 100% Apple Juice 100% Orange Juice Strawberry Banana Smoothie	Lowfat Milk 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	1% Chocolate Milk Lowfat Milk 100% Apple Juice 100% Orange Juice Tropical Yogurt Smoothie
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Mon 15	Tue 16	Wed 17	Thu 18	Fri 19
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Sweet & Sour Chicken Bowl Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Chicken Salad Sandwich Peanut Butter & Jelly Uncrustable Turkey Salad Base Chicken Salad Base Ham Salad Base 🍷 Chicken Salad Base Romaine Side Salad Applesauce Apple Orange Banana Lite Mayonnaise Mustard Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Strawberry Smoothie Lowfat Milk 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Walking Beef Tacos Cheeseburger Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Chicken Salad Sandwich Peanut Butter & Jelly Uncrustable Turkey Salad Base Chicken Salad Base Ham Salad Base 🍷 Romaine Side Salad Julienne Red Pepper Peaches Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Fat Free Italian Dressing Lowfat Milk Strawberry Banana Smoothie 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Cheese Calzone Spicy Chicken Sandwich Cheeseburger Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Chicken Salad Sandwich Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Romaine Side Salad Fresh Red Grapes Apple Orange Banana Lite Mayonnaise Mustard Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Strawberry Smoothie Lowfat Milk 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Chicken Fajitas Cheeseburger Chicken Salad Sandwich Spicy Chicken Sandwich Cheese Pizza Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Peanut Butter & Jelly Uncrustable Vegetarian Refried Beans Carrots Romaine Side Salad Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Fat Free Italian Dressing Lowfat Milk Strawberry Banana Smoothie 1% Chocolate Milk 100% Apple Juice 100% Orange Juice	Pepperoni Pizza Beef Sliders Pepperoni Salad Base 🍷 Chicken Salad Base Ham Salad Base 🍷 Turkey Salad Base Spicy Chicken Sandwich Cheeseburger Cheese Pizza Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Crinkle Fries Mandarin Oranges Apple Orange Banana Lite Mayonnaise Ketchup Mustard Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing Mixed Berry Yogurt Smoothie 1% Chocolate Milk 100% Apple Juice Lowfat Milk 100% Orange Juice Fat Free Chocolate Milk Tropical Yogurt Smoothie
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Mon 22	Tue 23	Wed 24	Thu 25	Fri 26
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Chicken Parmesan Cheeseburger Spicy Chicken Sandwich Cheese Pizza Chicken Philly Wrap Peanut Butter & Jelly Uncrustable Chicken Salad Base Peanut Butter & Jelly Uncrustable Pepperoni Salad Base 🍷 Turkey Salad Base Ham Salad Base 🍷 Steamed Broccoli Romaine Side Salad Pears Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing	Walking Beef Tacos Cheeseburger Spicy Chicken Sandwich Cheese Pizza Chicken Philly Wrap Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Romaine Side Salad Pineapple Tidbits Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing	Fiesta Taco Mac Cheeseburger Spicy Chicken Sandwich Cheese Pizza Chicken Philly Wrap Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Romaine Side Salad Apple Orange Banana Mustard Lite Mayonnaise Ketchup Fat Free Ranch Dressing Fat Free French Dressing Fat Free Italian Dressing	Bosco Sticks with Marinara Cheeseburger Spicy Chicken Sandwich Cheese Pizza Chicken Philly Wrap Pepperoni Salad Base 🍷 Peanut Butter & Jelly Uncrustable Peanut Butter & Jelly Uncrustable Turkey Salad Base Ham Salad Base 🍷 Chicken Salad Base Carrots Romaine Side Salad Peaches Apple Orange Banana Mustard Lite Mayonnaise Ketchup	Closed
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<b>Fat Free French Dressing</b> <b>Fat Free Italian Dressing</b> <b>Fat Free Chocolate Milk</b> <b>Lowfat Milk</b> <b>Dreamsicle Smoothie</b> <b>1% Chocolate Milk</b> <b>100% Apple Juice</b> <b>100% Orange Juice</b>	<b>Fat Free Italian Dressing</b> <b>Lowfat Milk</b> <b>Dreamsicle Smoothie</b> <b>1% Chocolate Milk</b> <b>100% Apple Juice</b> <b>100% Orange Juice</b>	<b>Lowfat Milk</b> <b>Dreamsicle Smoothie</b> <b>1% Chocolate Milk</b> <b>100% Apple Juice</b> <b>100% Orange Juice</b>	<b>Fat Free Ranch Dressing</b> <b>Fat Free French Dressing</b> <b>Fat Free Italian Dressing</b> <b>Lowfat Milk</b> <b>Dreamsicle Smoothie</b> <b>1% Chocolate Milk</b> <b>100% Apple Juice</b> <b>100% Orange Juice</b>	
<b>Mon</b> 29	<b>Tue</b> 30	<b>Wed</b> 31		
No Menu Available	No Menu Available	No Menu Available	No Menu Available	No Menu Available

\* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.